

# COMMUNITY SOLUTIONS' HEALTHY RELATIONSHIPS CAMPAIGN MARGUERITE MAZE MIDDLE SCHOOL

A PROJECT FUNDED BY THE SAN BENITO COUNTY HEALTH AND HUMAN SERVICES CSEC FUNDING

## PROJECT OVERVIEW

This project is a comprehensive program designed to increase knowledge and skills of healthy nonviolent intimate relationships; increase comfort in talking about healthy relationships with one another; and create dialogues and identification of sexual violence as an issue. This program will have several components: school-based prevention curriculum for seventh graders, parent toolkit on talking to youth about healthy relationships, and with optional training to school staff and/or parents.

For this project we used the In Touch With Teens curriculum administered to 7th grade science students. The curriculum is 12 sessions and it includes interactive activities and discussions around:

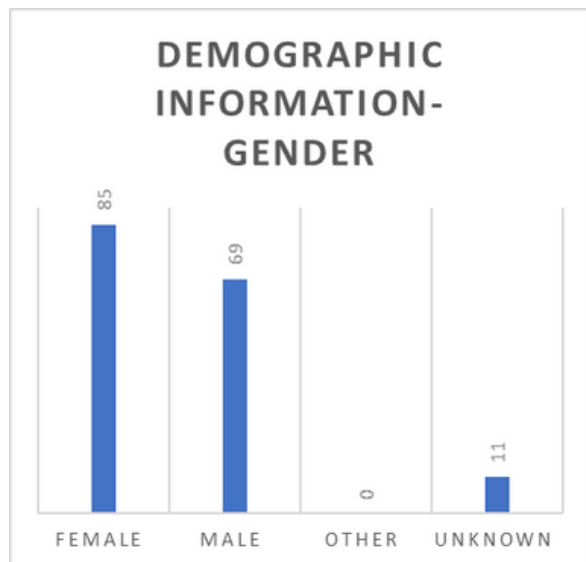
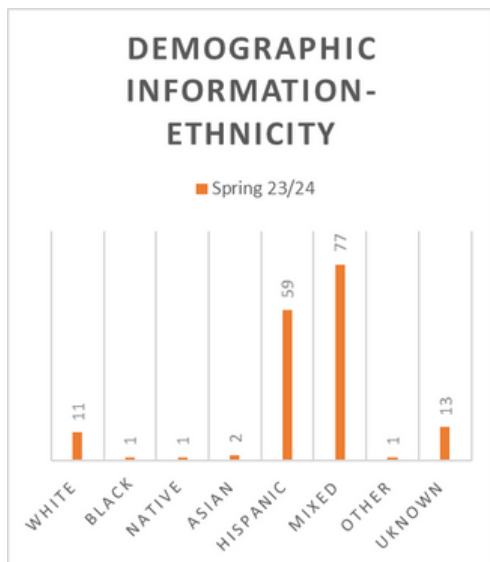
- Introduction to the Group
- Roots of Violence & Power and Control
- Recognizing Unhealthy Relationships
- Bullying
- Pros and Cons of Social Media
- Breaking the Cycle of Violence
- Creating Healthy Relationships
- Sexual Harassment
- Sexual Assault & Respectful Sexuality
- Understanding Human Trafficking
- Becoming an Upstander
- Becoming a Changemaker

## OUR STATISTICS

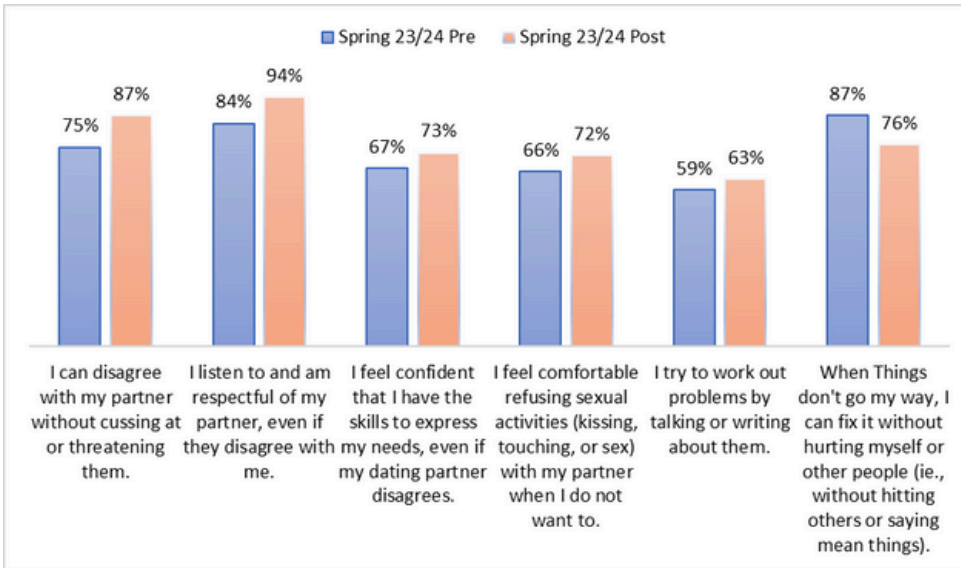
**165**  
NUMBER OF STUDENTS REACHED MAZE

**60**  
SESSIONS OF ITWT CURRICULUM PROVIDED

**126**  
NUMBER OF MATCHED PRE/POSTTESTS

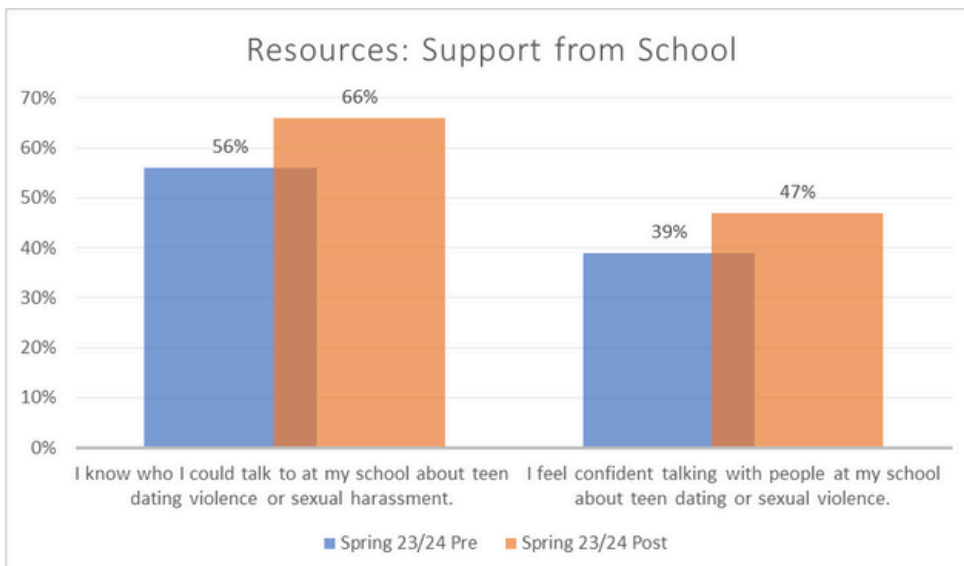
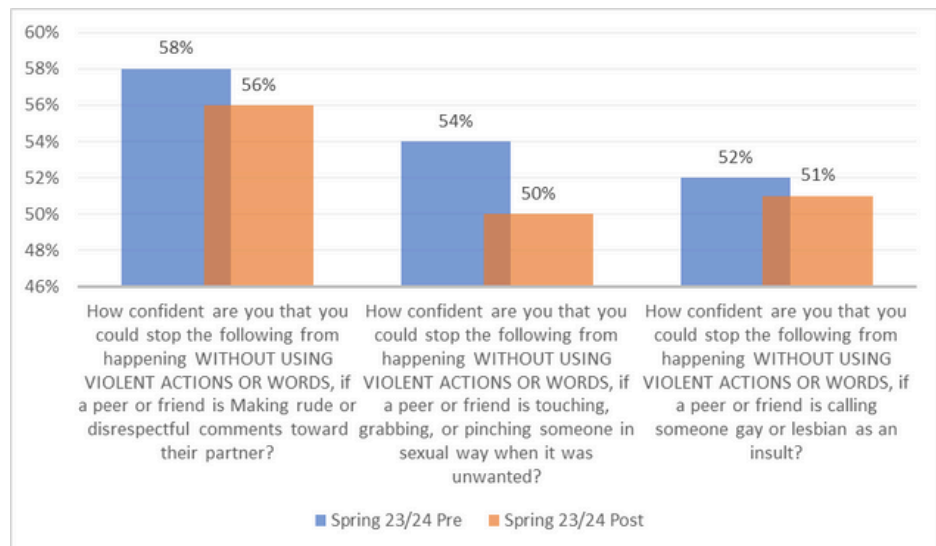


Students in the program complete pre/posttests during the first and last session to evaluate the programs efficacy. During the posttest students are also prompted to give qualitative answers about the impact of the program. Pre/posttests surveys are then matched and evaluated. below are the results:



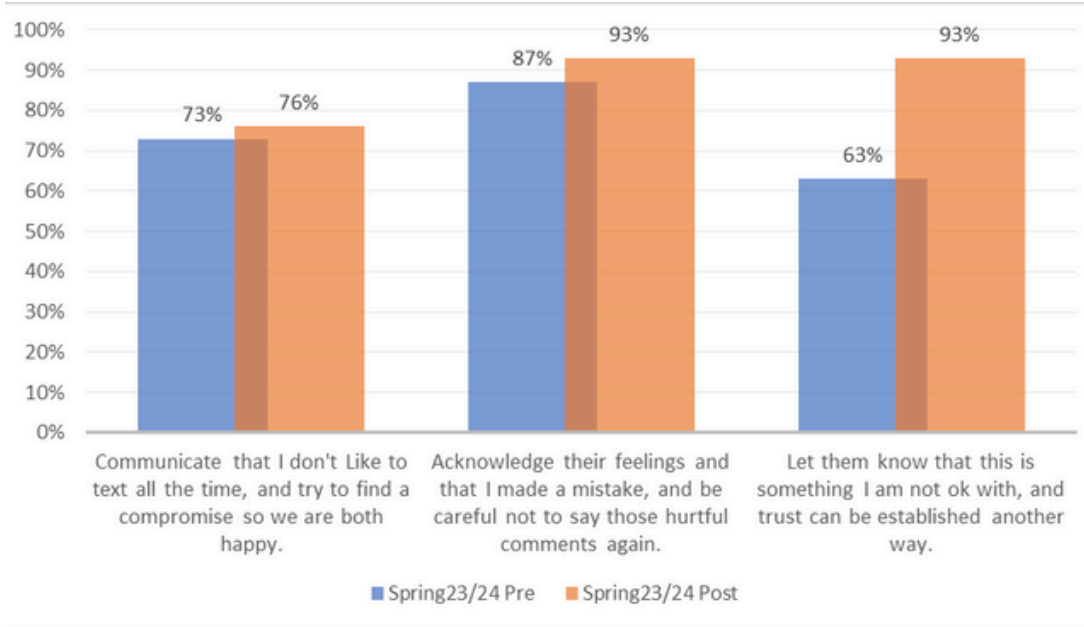
Students could choose between a Likert scale from strongly agree to strongly disagree. The answers below reflect the student's choices of strongly agree/somewhat agree.

Students were asked to answer how confident they would feel to intervene with their peers or friends in different scenarios, without using violent words or actions. The answers below reflect the number of students who stated they would feel completely or somewhat confident.

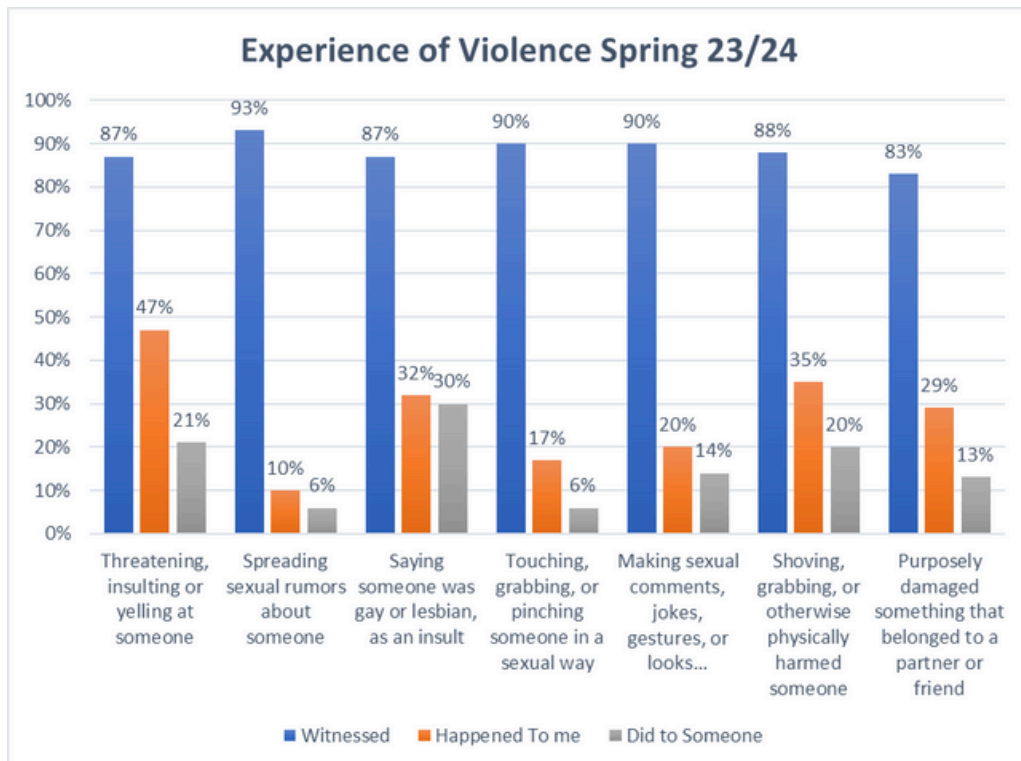


Students were asked about receiving support from school staff and how to access help. Students could choose between a Likert scale from strongly agree to strongly disagree. The answers below reflect the student's choices of strongly agree/somewhat agree.

Students were asked to answer how they would handle different dating scenarios with their partner. The first scenario asked, "Lately, my partner and I are arguing all the time. They think I am trying to hook up with the people on my Insta, they asked for all of my passwords for social media. I can..." The second question scenario asked students, "My partner and I got in an argument and then I told all of our friends rude and hurtful things about my partner. When my partner found out, they were very upset. I can..." The third scenario asked, "My partner wants to spend all day texting back and forth, every few minutes. When I don't reply fast enough, they feel like I don't care about them. I can..." The answer in the tables are the healthy choice option for each question.



The following tables were collected from the posttests results only. Students were asked, "reflect back on situations you have been in over the last month and check the response that you feel fits your experience best." Students could check as many boxes that apply to them or leave boxes blank.



# We asked students who participated: What will you share with people in your life about this program?

**"How to stick up for  
people and learn what is  
healthy and what is not."**

**-Maze Student**



**"My baby brother..., when  
he grows up I want to  
make sure nothing bad is  
happening to him, and  
that he can talk to me  
when there is something  
bothering him really bad."**

**-Maze Student**



*"If they are feeling like this,  
they should call the number and  
that they can help you overcome  
what you are feeling or try to  
help you find ways to overcome  
the problem."*

**-Maze Student**

**"I will share how to tell  
differences on healthy  
and non healthy  
relationships."**

**-Maze Student**



**"I would share that this  
program made me  
understand that I  
should do what I want  
to do and not what  
others want me to do"**

**-Maze Student**



**"I will share that its  
okay to let people  
help you and that  
they wont judge you  
for what your going  
through."**

**-Maze Student**

**"I will tell  
them that it  
changed how  
I think and  
how there is  
help."**

**-Maze Student**



**"to not say racist  
things and to not make  
sexual comments"**

**-Maze Student**



**"That any kind of harassment  
or violence is bad."**

**-Maze Student**