



Stories of Gratitude & Hope



Gratitude Report 2023–2024



Dear Friends,

When a person or family arrives at our door, they are most often in tremendous pain. They may be struggling with mental illness or addiction, fleeing domestic violence or human trafficking, or recovering from sexual assault or childhood trauma.

Whatever their struggle, you make it possible for us to open our doors and welcome them in with warmth and compassion. Your generous support enables us to provide them with the care and resources they need to get back on their feet and to truly heal.

The words of healing and hope on the following pages are just a few of the stories you've helped make possible. Thank you for caring for our fellow community members in their times of crisis. Thank you for helping make hope a reality.

Warmly,

A handwritten signature in blue ink, appearing to read 'Erin O'Brien', with a long horizontal flourish extending to the right.

Erin O'Brien

President & CEO

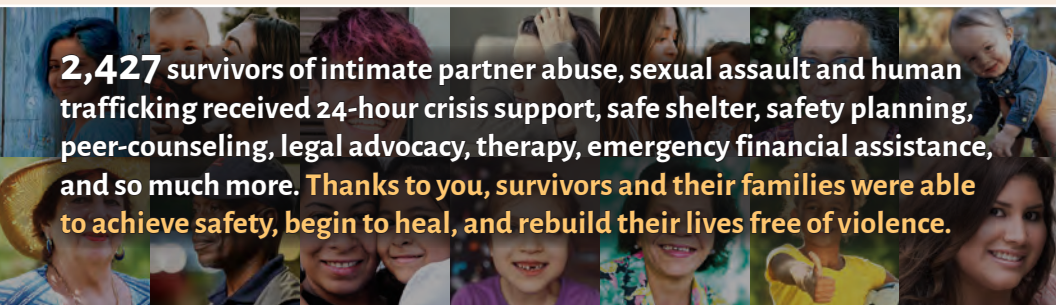
Felix

19-year-old Felix is a survivor of sex-trafficking. He was referred to Community Solutions for support by the U.S. Committee for Refugees and Immigration Trafficking Victim Assistance Program. He is eager to gain legal status so he can work to support himself and his sister.

“ It was difficult coming from another country to the U.S. ... It was difficult learning how to manage basic things that I needed ... The program has been a blessing for me because I came to a country that is not mine and where I don't speak the language, to find people are a godsend because the truth is that the services have been so much help. Because of the support I receive, I have been able to achieve a lot of things, such as going to ESL classes and being connected to social services and immigration services. I learned that people really care about me. [They are] always encouraging and accepting me as I am.”



2,427 survivors of intimate partner abuse, sexual assault and human trafficking received 24-hour crisis support, safe shelter, safety planning, peer-counseling, legal advocacy, therapy, emergency financial assistance, and so much more. **Thanks to you, survivors and their families were able to achieve safety, begin to heal, and rebuild their lives free of violence.**



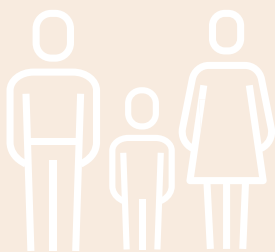
Yasmin

35-year-old Yasmin heard about our Solutions to Violence services from a friend but felt too embarrassed to seek help on her own, so her friend brought her to our office. Today she feels stronger, more confident, and able to handle whatever comes next.

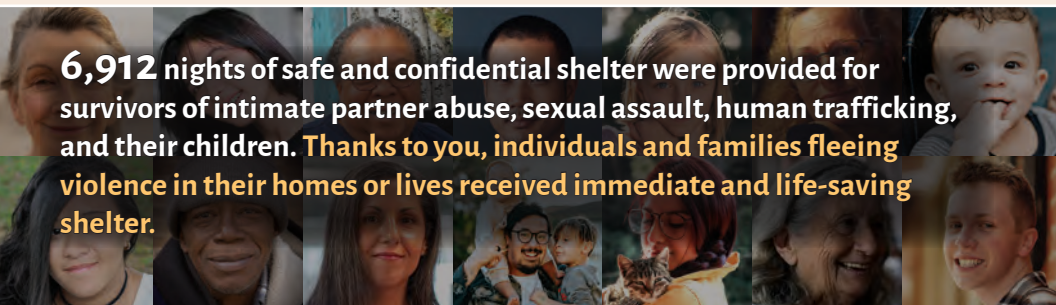


“ I don’t know if I would have been able to leave. I’m still haunted by the statistic where women return to their abuser. There were times in the beginning where I wanted to give up. This program is very valuable to the community, and it can change everything for somebody.

I feel like it gives people hope, opens your eyes to new possibilities. You are capable, and you are not alone. This program definitely offers a lot of support and allows you to rebuild your life. You can see the light at the end of the tunnel. You don’t need to be stuck. Without this program I would have never felt strong enough to leave.”



6,912 nights of safe and confidential shelter were provided for survivors of intimate partner abuse, sexual assault, human trafficking, and their children. **Thanks to you, individuals and families fleeing violence in their homes or lives received immediate and life-saving shelter.**



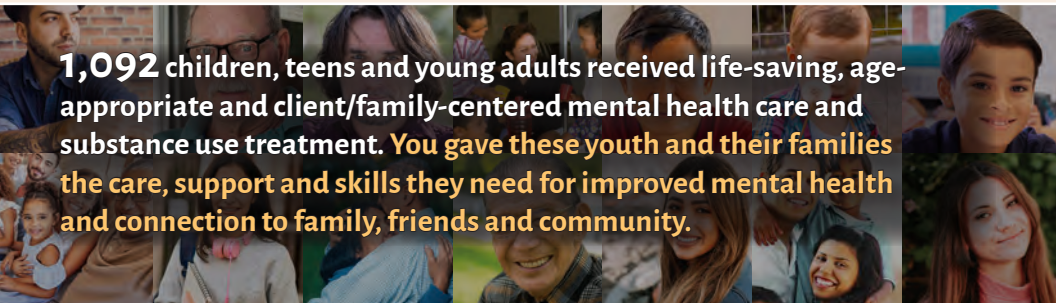
Rafael & Lucia

Rafael and his current partner took over primary care of Lucia (age 1 at the time) and her siblings when they were removed from her biological mother due to neglect. The family received care through our Early Childhood Program designed to support children ages 0-5 and their caregivers. They recently enjoyed a breakfast out together with no fights or fusses—an outing that felt impossible just months ago.



“ My life was really stressful. My children were very dysregulated, they were violent and aggressive. My children did not have structure or a routine... With the support of [Lucia’s treatment team and her social worker], I stayed motivated and on track with my appointments. They showed me how to have patience and stay motivated to continue pushing forward. I learned how to be a better parent and practice patience, how to help my kids learn how to share. I learned to support my kids by expressing their emotions. Lucia’s therapist and case manager always supported me when I needed them. They encouraged me to be a better parent to my children.”

1,092 children, teens and young adults received life-saving, age-appropriate and client/family-centered mental health care and substance use treatment. **You gave these youth and their families the care, support and skills they need for improved mental health and connection to family, friends and community.**



Madison

18-year-old Madison was struggling with suicidal ideation/ attempts, self-harm and an eating disorder. She received care through our Transitional Age Youth (TAY) program, designed specifically for youth ages 16 to 26. She recently started college and hopes to one day work in an agency like Community Solutions so she can give back to the community.



“ People had to hide things from me, people had to not tell me things. [I] felt like people were very sensitive towards me, like people were always watching me and tip-toeing around me. [I was having] trouble with keeping safe, communicating with people, isolating, sustaining healthy interpersonal relationships, problems with hygiene and engaging in self-care.

I felt like depression was controlling me, but now I can cope with this sadness that everyone has. I don't see things as coming at me, I can see that everyone can have difficulty. [I am] proud of myself for overcoming so much. [This program helped me realize] everyone struggles and therapy is a valuable tool to help you.”

In the past year, Community Solutions provided specialized, age-appropriate mental health care for individuals ranging in age from 2 months to 90 years. Thank you for helping us care for our community's mental health at all ages and stages!



Lucy

Lucy, age 65, was experiencing suicidal ideations and was unable to care for her health and hygiene. These symptoms worsened when the loss of her job and apartment forced her to move in with her emotionally abusive mother. Today, Lucy is able to manage her daily life and reaches out for help when needed. She even has an apartment of her own!



“ I couldn't have made it without Community Solutions. I am grateful for the help because it was consistent and they care about me. My case manager and therapist showed me I can make it in life.”



2,050 adults received life-saving mental health care and substance use treatment, including medication, therapy, coping skills, crisis support and more. **Thanks to you, adults living with mental health and substance use challenges are finding healing, recovery and renewed hope in life.**



Matthew

26-year-old Matthew was referred to Community Solutions by Santa Clara County Drug Treatment Court to receive treatment for his co-occurring mental health and substance use challenges. He has learned healthier coping and communications skills which have allowed him to better manage his daily life and develop supportive relationships.



“ This program was there when I didn’t believe I could make it. It was horrible on the streets; there were robberies and people smoking different drugs. It was frightening. I had to learn to work hard and stay sober. I had to learn to manage my anxiety a different way. [Thanks to this program] my priorities are so different now. I have goals and a better mindset...an overall healthier lifestyle.”



110,327 hours of mental health care were provided for local adults, teens, children and families. In just one hour, a person can finally feel heard, understood and supported, learn healthy ways to ease their anxiety and depression, access life-changing medications, and so much more. **Thank you for making this care possible!**



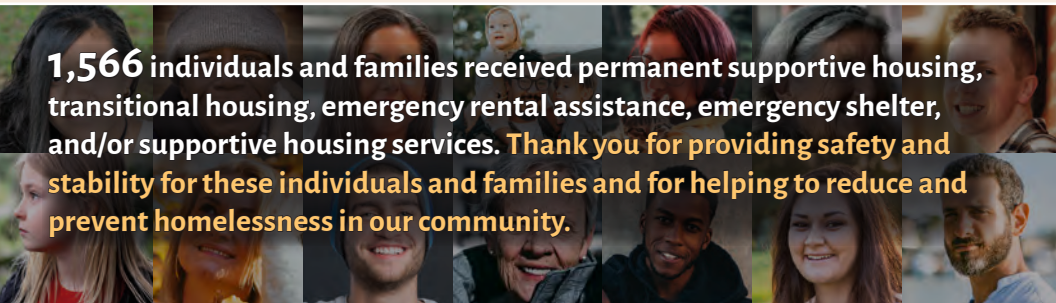
Kary

Kary, age 56, faced several setbacks in treatment, including difficulties with different systems during her gender transition process, discord with her family due to her past substance addiction, and lack of self-esteem. Today, she is optimistic and “busy on the road to self-acceptance and recovery.”



“ [When] Community Solutions found me ... I was homeless and addicted to meth ... I was a prostitute and addicted to drugs on the streets. I was treated less than human, and I also felt like I was less than human. I was lost. I did not know how to start or end ... But Community Solutions brought their team and gave a therapist and case manager and got me permanent housing and away from my harmful past ... It was hard for me to trust others and express my challenges and trauma without being judged or feeling like people actually cared. But Community Solutions gave me patience, openness, kindness, and mutual respect, and allowed me to be myself. I am clean, sober, employed, connected to my community, and want to pay it forward.”

1,566 individuals and families received permanent supportive housing, transitional housing, emergency rental assistance, emergency shelter, and/or supportive housing services. **Thank you for providing safety and stability for these individuals and families and for helping to reduce and prevent homelessness in our community.**



Ana

Ana, age 38, received support through our Solutions to Violence Homelessness Prevention Program which provides survivors of intimate partner abuse who are at risk of losing their home with temporary financial assistance, legal support, case management, and other services. The rental assistance was key in preventing Ana and her children from losing their home.



“ I was overwhelmed from the abusive relationship I left, and it affected my life and children’s lives. I was struggling with financial hardships and my children were having mental crises and behavioral problems. [Thanks to this program] I’m feeling stronger and better able to return to school and finish my cosmetology license. My children are doing a lot better in school and therapy. I learned the importance of a healthy relationship and how to take better care of family. I make better life choices with expenses and taking care of family needs.”

Our housing-related programs and services grew by **55%** in the past year, making them our fastest growing programs agency-wide. **Thank you for helping to provide more housing solutions for local families and individuals in crisis!**



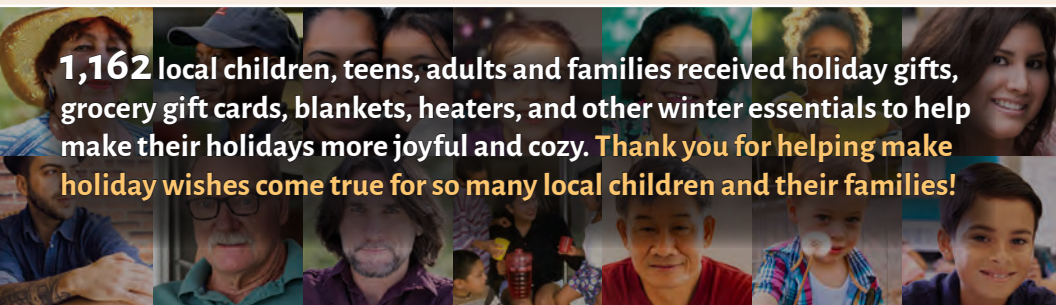
Hazel & Baby J

Hazel is a first-time mom, whose baby boy turned 1 on December 24th. She was surprised and delighted to be chosen for the Holiday Giving Program and so excited to see her son open his first presents ever.

“ I want you to know that you have brought comfort to us. This has been a challenging year for us but here we are. I am so grateful that Community Solutions chose us. They have been by my side and I thank God for them. You guys have made Christmas more special. You guys are doing amazing things. I hope you find this card well. I know you are doing this because you find happiness in giving. Just like Jesus when he said, ‘there is more happiness in giving than there is in receiving.’ ”



1,162 local children, teens, adults and families received holiday gifts, grocery gift cards, blankets, heaters, and other winter essentials to help make their holidays more joyful and cozy. **Thank you for helping make holiday wishes come true for so many local children and their families!**



Santa Ana Opportunity School & San Andreas Continuation High School



“ I believe that working with Community Solutions has helped our students learn more about what it is to have or be in a healthy relationship with a partner, friend or even with family. Before having the program, we didn't really have anyone talking about it and now the students and staff have a platform where it can be brought up and discussed. I believe our students are learning what a healthy relationship is and will seek help when needed, and they will know where to go thanks to having Community Solutions on campus.”

*~Elena de la Puerta,
Academic Counselor*

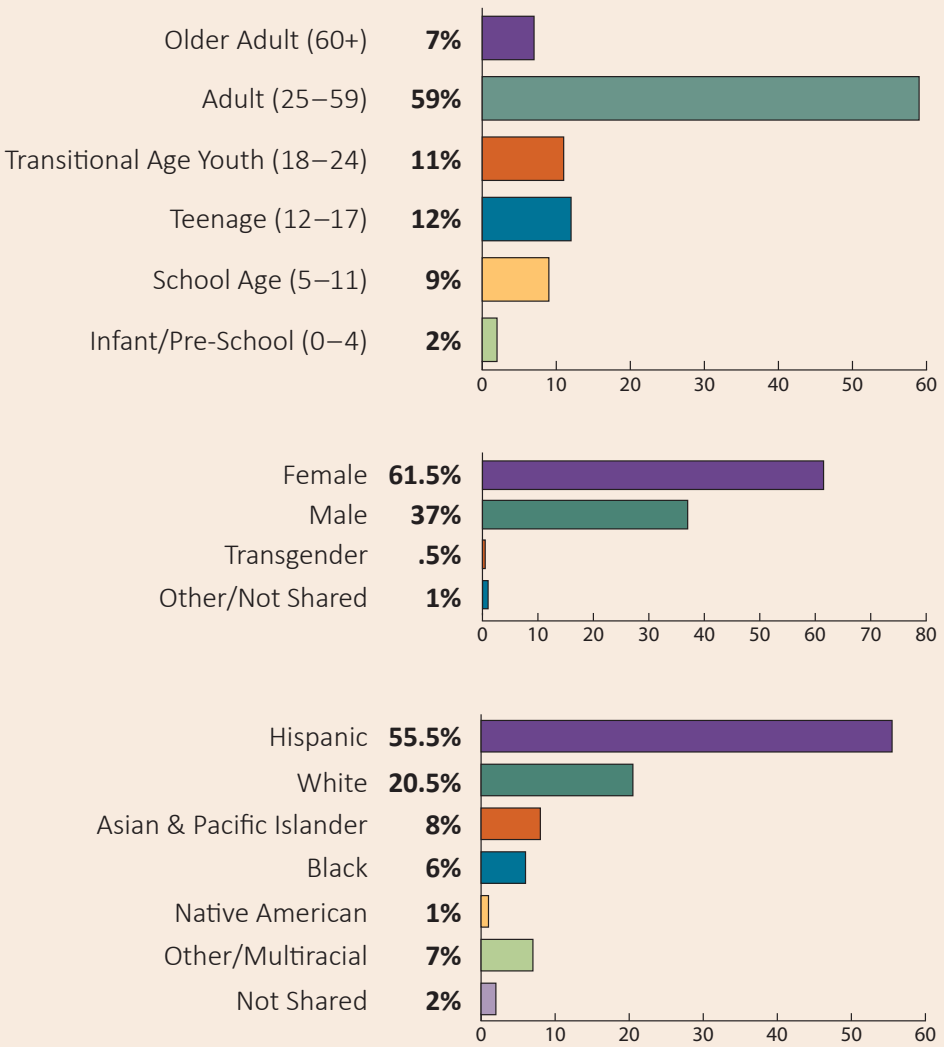
Santa Ana Opportunity School and San Andreas Continuation High School students and staff engaged in a Safe Mapping campus assessment aimed at creating a safer environment and atmosphere in the school and the “In Touch with Teens Healthy Relationships Curriculum” which educates youth about healthy dating skills and promotes healthy sexuality.

3,994 children, teens and adults participated in sexual assault, intimate partner abuse, and human trafficking prevention and education programs **You're helping create safer local communities where individuals can identify and practice healthy relationships and know where to seek help when needed.**



CARING FOR A DIVERSE COMMUNITY

DEMOGRAPHICS OF INDIVIDUALS & FAMILIES SERVED



Demographics above represent 6,140 clients served; they do not include 7,827 individuals reached through our Solutions to Violence Outreach and Prevention programs.

“I have learned that there are genuinely good people in the world [and] by trusting my team, I was able to get through most anything. I feel like Community Solutions value is to take a broken vessel and transform them into what god has meant for them to be.”

~ Denise, Age 45

JULY 1, 2023 – JUNE 30, 2024

FISCAL OVERVIEW

Total Assets	\$ 17,039,540
Total Liabilities	\$ 13,229,321
Net Assets	\$ 3,810,219

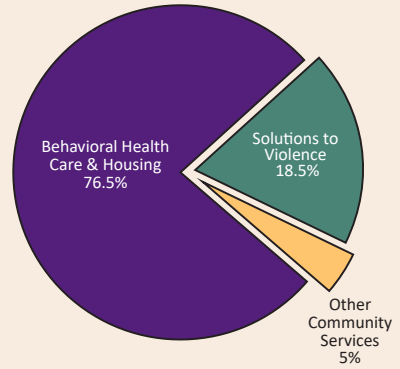
REVENUE

Government Grants & Contracts	\$ 51,853,788
Community Support	\$ 759,432
Fees for Service	\$ 303,618
Other Income	\$ 426,912
Total Revenue	\$ 53,343,750

EXPENSES

Program Services	\$ 46,071,570
Administrative & Support Services	\$ 4,690,384
Fundraising	\$ 499,289
Total Expenses	\$ 51,261,243

PROGRAM SERVICES



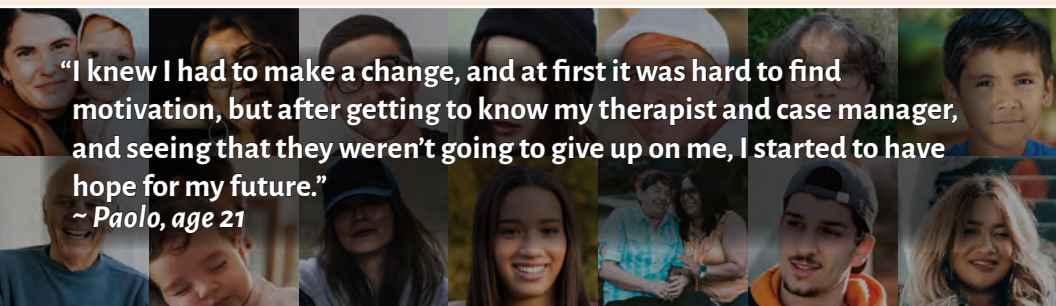
A complete copy of our FY24 Audited Financials can be viewed and downloaded from our website: www.communitysolutions.org/financial-reports

You are helping local families and individuals in crisis!

Your support provides local families and individuals in crisis with the critical programs, services, and support they need to achieve lasting safety, recovery, healing, and wellness.

To learn more about our services, volunteer opportunities, and ways that you can help, please visit our website at www.communitysolutions.org or call 408-846-4717.

All names and photos in this report have been changed to protect client confidentiality.



“I knew I had to make a change, and at first it was hard to find motivation, but after getting to know my therapist and case manager, and seeing that they weren’t going to give up on me, I started to have hope for my future.”
~ Paolo, age 21

AGENCY LOCATIONS

MAIN OFFICE

9015 Murray Avenue, #100
Gilroy, CA 95020
408-842-7138

16264 Church Street, #103
Morgan Hill, CA 95037
408-779-2113

1356 Ridder Park Drive
San Jose, CA 95131
408-225-9163

341 Tres Pinos Road, #202B
Hollister, CA 95023
831-637-1094

24-HOUR CRISIS LINE

Sexual Assault, Domestic Violence & Human Trafficking

(South Santa Clara County & San Benito County)
1-877-END-SADV / 1-877-363-7238

EXECUTIVE TEAM

Erin O'Brien, President & CEO
Rachel Montoya, Chief Financial Officer
Elias Ehrheart, Chief People Officer
Sarah Bravo, Chief Operations Officer
Lisa DeSilva, Chief Development Officer

BOARD OF DIRECTORS

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Platinum
Transparency
2024

Candid.



www.communitysolutions.org

*Community Solutions' mission
is to create opportunities for positive
change by promoting and supporting
the full potential of individuals,
the strengths of families and the
well being of our community.*